

# Stubborn Weight Loss Protocol

## Pricing Menu

### Protocol Testing Costs

| Test                                  | Price                |
|---------------------------------------|----------------------|
| Metabolism & Body Composition Testing | \$75                 |
| Salivary Cortisol Testing             | \$25 / test          |
| Lab Testing                           | Variable — see below |

Salivary cortisol testing is priced per individual test. Most patients complete 3–4 tests as part of the diurnal panel (see your protocol handout for details).

### Lab Testing Menu

Bundle packages (best value):

| Package       | Includes                                                                                                 | Price |
|---------------|----------------------------------------------------------------------------------------------------------|-------|
| Starter       | Insulin + Cortisol                                                                                       | \$50  |
| Plus          | Insulin + Cortisol + Hormones (thyroid free)                                                             | \$145 |
| Comprehensive | Insulin + Cortisol + Hormones + Nutritional & Inflammation (Vit D, Vit B12, Ferritin, hs-CRP, Uric Acid) | \$250 |

À la carte add-ons:

| Lab                                                                                                       | Price |
|-----------------------------------------------------------------------------------------------------------|-------|
| Comprehensive labs for health (liver, kidneys, blood count, protein & electrolytes, thyroid, cholesterol) | \$35  |
| Nutritional & inflammation only                                                                           | \$105 |
| Hormones only                                                                                             | \$105 |
| Insulin only                                                                                              | \$35  |
| Cortisol only                                                                                             | \$35  |

Prices are current as of the date of this menu and are subject to change. Ask your care team if you have questions about which option is right for you.